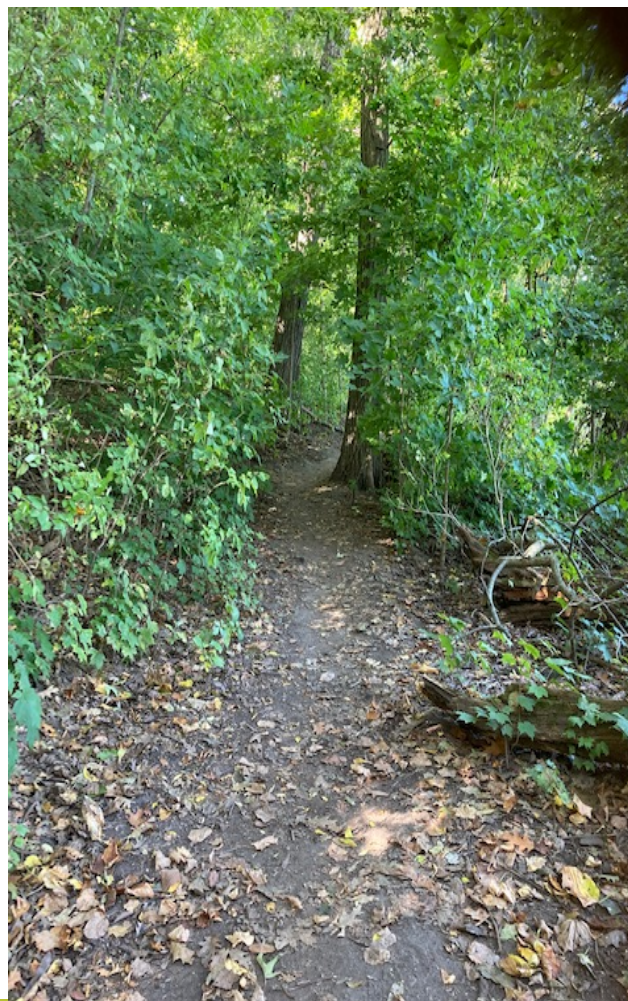


*Oregon
Mental
Health
Services, LLC*

*Mary Sella, LCSW
Clinic Director*

*Lori Donahue, APSW
David Lippman, MSW Student
Intern
Psychotherapists*

*Darcey Swenson
Receptionist*



*In Partnership With
Mt. Horeb*

School

District

*School-Based at the
Mount Horeb Schools*

School-Based
Counseling

- OMHS provides virtual and in-school counseling for staff, students and their families at the Mount Horeb Schools.
- Increases access to mental health care and reduces lost school and work time.
- Parents and families participate in therapy with their child virtually, at the school site, or the Oregon or Dodgeville office.
- Treatment is goal-directed and developed to meet the needs of each client or family.
- We strive to establish long-lasting changes that improve functioning.

We view emotional well-being as an integral part of overall functioning, and seek to reduce the barriers of accessibility, acceptability and stigma around mental health treatment.

“When COVID hit, we quickly transitioned to Tele Mental Health. It was easy to use and it felt great being able to receive in-home support using my computer. My therapist helped me feel confident using the technology. If you have to choose between not receiving services or using Tele Mental Health, I would highly recommend using Tele Mental Health to get the support you need!” -- OMHS client comments

Your therapist will help you determine the most effective method of therapy for you.

OMHS, LLC accepts a variety of insurance plans:
SSM Dean Health Plan
Quartz
GHC-SC WI
BadgerCare/Medicare
Anthem/BCBS
The Alliance
WEA
Sliding fee scale is available.

Please call to determine if your health plan covers your care.